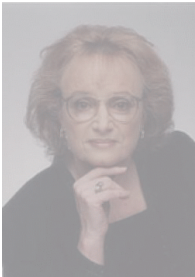


President Sets 3-Point Agenda



Words from the President

Sharon Rae
Deacon, Ph.D.

As the new President of GAMHPA, I feel the most important place to start is with a fond recognition of the important contributions of our past two Presidents; Larry Brooks and Jim De Santis. GAMHPA is their brain child and exists because of their personal efforts and perseverance. David Fox soon joined the board as Membership Chair and has made a significant contribution as well.

My job will be made far easier since all three have agreed to continue to help. Indeed, helping continue a tradition of excellence already

established is a far easier job than creating such a tradition.

Larry, Jim, and David: I wish to say thank you.

In my first communication I wanted to share the goals that the board has developed for the next year. There are three: First, we will continue to strive to increase the size of the membership. Second, we wish to develop a strong continuing education program. Third, we intend to develop our membership's use of the Internet as a networking and educational tool.

Many of you who receive this newsletter are not members. That tradition will continue; we wish to communicate to as many people as possible. But we hope to make active membership more and more valuable. As you know, advertising is already lower cost to paid members. We wish to add another perk. In each future issue of the newsletter we will announce the names of six GAMHPA members from a random drawing; at some time in the next year those six will have the privilege to distribute a flyer to the newsletter readership at no charge. In addition, the continuing education programs we develop will be at a reduced rate for members.

In other words: Join us! You can make money on the deal! A membership application form is enclosed with this newsletter.

Our next goal is the development of a Continuing Education Program. We hope to have monthly breakfast meetings which will provide one unit of continuing education and a networking opportunity as well. We have several topics on the agenda already. If any of you would like to be a presenter or have areas of particular interest, please contact us as soon as possible. We anticipate starting this program by June. We are delaying the start since we want to be sure the State accepts our programs and that they meet License Board requirements.

Our third goal is to further develop the use of the Internet. Please be sure to let us know your e-mail address so we can communicate with you. We would love to hear from those of you who have web pages and how they are working for you. Keep us informed.

Let me close where I began.

Thank You...Larry, Jim, & David ?

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From the Editor's Couch

Larry Brooks, Ph.D.

I hope these words cross the caesura of time and reach into the twilight of the millennium. There are two events that I would like to mention at this point in time. First and of most personal significance, Jim De Santis, Ph.D., has stepped down from his 5 year reign as president and will now occupy the role of past president. Sharon Deacon Ph.D., who succeeds him, has already brought a new energy and enthusiasm to GAMHPA. During his reign, GAMHPA grew considerably and has been a valued and stable resource to the professional and nonprofessional community. Yet, Jim's impact is more genuinely apparent in the quality of his presence than in any quantitative sign of GAMHPA's growth. From the outset, when he encouraged me to run unopposed as first President of GAMHPA, he has imbued the spirit of GAMHPA with the generosity of his spirit. Jim's gentle but firm character has shaped the organizational character of GAMHPA. Exemplifying the leader who governs, but does not micromanage, Jim has been determined, hardworking (he does his share many times over), fair, and honest. He lets the capable people around him do what they can do and then acknowledges them for their work. He was smart enough to realize that was the only way to lead a small non-profit organization. His encouragement, acknowledgment and tribute to others have been a constant in his column in the newsletter and is a tribute to his character. GAMHPA is not merely a

multidisciplinary organization, it is a garden of personalities that have flowered under Jim's leadership. To bastardize Woody Allen, I have always felt that I wouldn't want to actively participate in any organization that I was a member of. My involvement with GAMHPA has contradicted this principle. It has been comfortable, supportive, fun, and productive being a part of GAMHPA and working with Jim and the small group of individuals who constitute the board, including David, Debra, and, more recently, Sharon and Lee.

The second event, which is hunkering in corporate backrooms, will likely have a major impact on the shape of health care in the not too distant future. The keyword is direct contracting, where employers or employees directly contract with healthcare providers for their healthcare. In this scenario the middlemen are eliminated. The marketplace giveth and the marketplace taketh. Several weeks ago the LA Times reported that Xerox corporation was considering implementing a trial program that would reform the way they purchased healthcare. Xerox would provide a yearly healthcare allowance to its employees who in turn would purchase their own health insurance. An article that appeared on December 14th in the Los Angeles Times was titled "2 Pension Funds May Bypass Health Insurers." The article discussed how the California State Teachers Retirement System and the California Public Employee Retirement System that represent about 1 1/2 million lives is considering contracting directly with physicians and hospitals to provide health coverage. Employers who have

realized that managed care is both costly and user unfriendly are now beginning to consider alternatives.

This news creates hope and possibility as well as uncertainty. If direct contracting becomes the next wave, what systems of care will constitute the infrastructure of care? Will indemnity-like plans be resuscitated? Will the idea of purchasing alliances be taken out of the Clinton closet? I have kept my Single Payor Proposition 186 bumper sticker on my car. Whatever happened to the American Mental Health Association of California? Amidst this uncertainty, two things are certain: change will happen (more likely sooner than later) and nobody can predict just what waits around the corner.

One final reflection as I move into Y2K. Many of you know that 1999 was a very difficult year. My mother died, I almost died and required emergency open-heart surgery to replace an infected aortic valve. I survived, a little wiser, a little closer to my restless center. One person left my circle. The door to my heart sadly closed. I looked to the center and heard the voices of family, friends, clients, and colleagues calling out my name. ?

Calendar of Events

2000 BOARD MEETINGS
3245 N. Verdugo Road, Glendale
9:30-11am. Everyone welcome.
Call ahead if you plan to attend.
(818) 551-1714.

Jan 14	Aug 11
Feb 25	Oct 13
April 28	Dec 18
June 16	

?

Classified Advertising

GROUPS

ADOLESCENT GROUP THERAPY. Ages 13-16. Limited to five members, to deal with family and peer relationships, school problems, substance abuse issues, and improving communication. Former teacher and counselor. \$25 per group. Call Ann Montgomery, M.F.C.C., Lic. # MFC31715, (818) 734-9509, Glendale.

CREATIVE PROCESS GROUP. A group for practicing and aspiring writers, musicians, visual artists, actors, etc., utilizing the "art as practice" Zen approach of Natalie Goldberg and the inspiring book, *Trust the Process: an Artist's Guide to Letting Go*, by Shaun McNiff. This 16-week workshop will support and energize your creative process through experiencing the "deep ecology of creation." Emphasizes the development of daily meditation practice. Saturday 10:00am-1pm. \$22 per meeting. South Pasadena location. Call Deborah McColl, M.A., M.F.C.C., at (213) 896-5127.

DEL MAR GROUPS FOR GIRLS. Weekly groups for teenage girls focus on self-esteem and empowerment through dialogue, support, and creativity. Workshops and consultations available for parents as well. For more information, contact Melissa Johnson, Ph.D., Lic. # 13102, (626) 585-8075

GAY MEN'S GROUP. Insight-oriented men's group psychotherapy with focus on issues of life enrichment, self-esteem, and personal relationships. Tuesday evening, 6-7:30pm. Call Jim De Santis, Ph.D., Lic. # PSY10315, (818) 551-1714.

GROUP THERAPY. Co-ed, insight-oriented group psychotherapy that offers the opportunity for peer feedback in a structured and supportive environment. Wednesday evening, 6-7:30pm. Call Jim De Santis, Ph.D., Lic. # PSY10315, (818) 551-1714.

MEN'S GROUP. Insight-oriented group psychotherapy that examines issues around male-female relationships, work life, coping, and roles. Monday evening, 6-7:30pm. Call Jim De Santis, Ph.D., Lic. # PSY10315, (818) 551-1714.

SEVERELY ABUSED WOMEN SURVIVORS. Safe group limited to six participants at Empowerment! in Burbank on Thursdays at 7:30 pm. This group is especially for those who would benefit from group participation (which includes communication and relationship skills building), but feel their story is so severe or unusual that the "average" recovery group members couldn't handle it. Participants include survivors of ritual abuse, torture, mind control, and child prostitution and pornography. \$100/month. Call (818) 559-1357.

SUPPORT GROUP FOR CHILDREN OF DIVORCE.

Time-limited group to provide support, understanding, and practical help for children whose parents are separated or divorced. Contact Larry Brooks, Ph.D., Lic. # PSY8161 at (818) 243-0839.

SERVICES

ATTENTION DEFICIT DISORDER AND LEARNING DISABILITIES.

The Assessment Center provides psychological testing for specific learning disabilities, attention deficit hyperactivity disorder, and emotional difficulties, both for children and adults. Reduce the stress and frustration of an undetected client problem. To discuss a case or receive a brochure, contact us at (818) 548-8449.

CONSULTATION. Narrative Consultation Group. Explore Narrative and Collaborative therapy methods in monthly group with other therapists interested in these exciting postmodern approaches to therapy. Valley and Westside groups. AAMFT Approved Supervisor. Call Mary Donovan, Ph.D., MFT Lic. # 13239, at (818) 243-7425.

PROFESSIONAL DEVELOPMENT PROGRAMS. PDP is certified by the CSPAA and the BBSE to provide continuing education to Psychologists, Licensed Clinical Social Workers, and Marriage, Family, And Child Counselors. We work with small groups and agencies to design programs to meet your specific needs. Call (818) 771-7888 or Email ProDevProg@AOL.COM for information about our programs.

PSYCHOLOGICAL AND PSYCHIATRIC BILLING SERVICES.

Billing various insurance companies (including Medi-Cal and Medicare), assertive follow-ups, patient statements, insurance detailed coverage information. Services strictly confidential. Call Juania at (818) 240-5910 or Page (818) 566-2859.

SUPERVISION. Become an AAMFT Supervisor. Supervision by AAMFT Approved Supervisor in Glendale and Westwood. Mary Donovan, Ph.D., MFT Lic. # 13239, teacher of family therapy at Antioch, CSPP, and Phillips Graduate Institute. (818) 243-7425.

MEMBER AGENCIES

COLDWATER COUNSELING CENTER is a non-profit organization based in Studio City providing depth psychotherapy to adults and children on a sliding-scale basis. All therapists and interns have had, and continue to engage in, extensive personal analysis. The staff--mostly licensed M.F.C.C.'s--include three Jungian psychoanalysts and a number of analysts in-training. Satellite locations include offices in Glendale and on the Westside. For information or a brochure, call (818) 508-0703.

EMPOWERMENT! is a non-profit organization that offers quality affordable counseling to those in distress. We specialize in recovery from trauma and dissociative disorders. We are located in Burbank. Our phone number is (818) 559-1357. Our web site is <http://members.aol.com/mpowermnt/index.htm>

GLENDALE FAMILY SERVICE has been providing outpatient mental health services to the surrounding communities for over 60 years. We offer individual, group, family, and couples counseling, and psychiatric services. In addition, we have a domestic violence program (both in English and Armenian) and parenting classes. Our hours of operation are: 9am-10pm Monday-Thursday, 9am-8pm Friday, and 9am-5pm Saturday. (818) 248-2286.

POSITIVE DIRECTIONS COMMUNITY COUNSELING CENTER, serving the Glendale area community since 1986, offers high-standard, low-fee, short- and long-term psychotherapy. With the exceptional ratio of one supervisor per three interns, Positive Directions is dedicated to providing excellent psychotherapy to clients who can't afford private practice fees. Substance abuse counseling is also available as well as information and referrals, sober social events, and a variety of self-help meetings. (818) 247-8180; CounselPD@AOL.com.

T.H.A.W. A safe harbor in which to continue the healing process through classes in creative expression including body image, body movement, yoga, writing, tai chi, and acting. For women who have suffered from physical or emotional abuse, including domestic violence, rape, and incest. Clinically supervised. Sliding-scale fees. Tuesday, Thursday, Friday. 9am-1pm. For intake evaluations, contact Wendy Clarke, M.A., or Leslie deBeauvais at Theater of Hope for Abused Women, (818) 766-9702.

OFFICE SPACE

GLENDALE. Psychotherapy office for rent. Furnished attractively, convenient location, windows. Elevators, receptionist, waiting area. Available Thursday, Friday, or Saturday. Rent per month: \$300 (two days per week), \$175 (one day per week). Call William Clarke, MSW, (805) 733- 0533.

GLENDALE. Looking for a therapist with 3 years or more experience to rent part-time office in a suite with well-established psychotherapists. Prime Glendale location, The Exchange. Beautifully furnished. Available Monday, Wednesday, Friday, & weekends. Opportunity for referrals and collegial relationships. Call Tom Dakoske, (818) 956-6623

GLENDALE. Charming windowed therapist office available June 1, 1999, in convivial, multidisciplinary suite, located next to Glendale Adventist Medical Center. Private restroom, elevator, quiet. Please call Sandy Weimer, MD, (323) 662-5798.

LA CANADA. Psychotherapy office for rent. Attractively furnished in a professional building. Ample parking. Reception room. Tuesday, Thursday, Friday available. \$150.00 per month (one day), \$275.00 (two days), \$350.00 (three days). Call Ed Spangler, M.F.T., (818) 790-4401.

MONTROSE. Office for rent in established Counseling Center that has moved to new location. One office, 150 square feet, available for lease at \$500.00 per month (includes utilities). Contact Robert Kerrebrock, Ph.D., (818) 957-5358.

PASADENA. Part time psychotherapy office available in a beautiful historic building near old town Pasadena. Waiting room with separate entrance/exit, reception area, soundproofing, and a light signal system. This comfortably furnished, windowed office is available on Fridays and weekends. Please contact Susanna Friedlander, Ph.D., at (818) 548-4770 for further information. ?

Join
GAMHPA
now.

Just \$45
gives you all
the benefits
for a year.

Submit the
membership
application
form
enclosed
with this
issue.

GAMHPA

Glendale Area Mental Health
Professionals Association
Suite 300

138 North Brand Boulevard
Glendale, CA 91203-2620
(818) 771-7680
www.psychotherapy.org/gamhpa

The mission of the Glendale Area Mental Health Professionals Association is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline. We are an interest group only and do not provide referrals to the community. We are not a profit-making organization.

2000 BOARD OF DIRECTORS

Sharon Rae Deacon, Ph.D.,
President, (818) 957-5166

Lee Conger, M.A., Treasurer, (818)
957-5166

David D. Fox, Ph.D., Membership
Chair, (818) 246-3937

Larry Brooks, Ph.D., Newsletter
Editor, Acting Program Chair, (818)
243-0839

Jim De Santis, Ph.D., Past President,
(818) 551-1714

MEMBERSHIP

Contact our Membership Chair for an application form to join. Full Member dues for licensed mental health professionals, \$45 per year. Associate Member dues for students, interns, organizations, and others,

\$25 per year. Dues are not tax deductible as a charitable contribution but may be deducted as an ordinary and necessary business expense.

Members receive a number of exclusive benefits. New members can submit a 50-100 word summary of their professional experience and expertise for the newsletter. Members can present a talk or publish an article on a professional topic. They are listed in the annual members directory distributed to the business and professional community. They can place free classified ads and can receive discounted rates for display ads, newsletter flier inserts, and mailing list labels. Members are entered into a drawing for free newsletter insert advertising. Members receive reduced rates for continuing education.

NEWSLETTER

The GAMHPA Newsletter is published six times a year, distributed to the local professional mental health community.

GAMHPA encourages members to contribute articles of interest for publication. Authors should clarify questions of suitable content with the editor prior to submission. We encourage submissions in computer-readable format.

Submissions must be forwarded to the editor by the deadline. Opinions expressed in this newsletter are not necessarily those of the Association or its members. GAMHPA does not endorse any of the products or services advertised.

Contact us to be added to our mailing list. If you have moved, plan to move, or we are sending your

copy of the newsletter to a wrong address, please notify us with your correct address.

Newsletter Submission Deadlines

Jan/Feb issue	Dec 17
March/April issue	Feb 18
May/June issue	May 19
July/Aug issue	June 23
Sept/Oct issue	Aug 18
Nov/Dec issue	Oct 20

ADVERTISING

Deliver advertising by the submission deadline to the editor. Ads run in two issues except employment ads which run once. All advertising for services by psychologists or psychological assistants must include the license number of the psychologist. Please note each issue of the newsletter is delivered approximately three to four weeks after the submission deadline.

Advertising Rates

<u>Item</u>	<u>Member</u>	<u>Non-Mem</u>
Classified ad	Free	\$15
1/8-page display ad	\$20	\$45
1/4-page display ad	\$40	\$65
1/2-page display ad	\$60	\$85
Mailing list, printed	\$10	\$20
Mailing list on labels	\$20	\$30
Mailing list on disk	\$75	\$75
e-Mail list	\$10	\$20
Newsletter inserts	15¢	25¢

Display ads must be camera-ready. To submit a newsletter insert—such as a flier or postcard—provide a sufficient number of copies to cover the mailing list. Postcard inserts must be no larger than 3 3/4"x9 1/8". Make checks payable to "GAMHPA."

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