

A Bi-Monthly Publication of the
Glendale Area Mental Health Professionals Association
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Call for Nominations



Words from the President

Sharon Rae Deacon,
Ph.D.

HELP SOS HELP

How is that for a catchy head line? Hope it got your attention. We get many positive responses from organizations and individuals in the community about the success of GAMHPA, but we really could use some help in expanding the programs and keeping the organization vital. If you have some special interest that you would like to explore through the organization or a few hours a month available to give to your professional community, we would really appreciate the help. Money is always welcome, but what we really need is your ideas, energy, and time. And don't worry if it is only a small amount of time; we will take what we can get. Remember, the primary benefit to you as a volunteer is visibility among your professional colleagues; this is invaluable if you are building a private practice. Hope to hear from a bunch of you.

Which leads to the next important announcement—nominations. It is once again time for nomination of

candidates for the GAMHPA board of directors in 2002. If you would like to join the board or know someone you think would be a good addition to the board, please let us know.

A 2002 GAMHPA Membership Application and Renewal form is enclosed with this issue. Recruitment begins now for the upcoming year. Dues are just \$50 for full members, and \$30 for organizations, prelicensed individuals, and friends. Membership is a great deal.

In October of 1991--fully a decade ago--a dozen mental health professionals initially got together to discuss the prospects for a network in Glendale that grew to what we now know as GAMHPA. We are now developing plans for an event to commemorate this tenth anniversary and further details will follow.

Our continuing education program is successfully adding interesting and varied programs. If you need just a couple of extra units for upcoming licensure renewal, this is a great way to earn them. Hope to see you at the upcoming programs.

We would like to acknowledge our newest members, Barbara Ballinger, M.F.T., Alexander Beebee, M.D., Richard Crowley, L.C.S.W., Ph.D., Laura Dickson, L.C.S.W., Mary

Ewing, M.F.T., Elsie Gordon, Ph.D., Francie Issenman, L.C.S.W., Daniel Leon, L.C.S.W., Nancy Mullan, M.D., Lisa Ilene O'Connell, M.F.T., Gerardo Paron, M.F.T., Sandra Rader, Ph.D., Linda Sanserino, M.F.T., Michael Stevenson, Ph.D., Linda Waldheim, M.F.T., Jacquelyn Weisman, M.F.T., R.N., and newest associate members, Glen Roberts Child Study Center and Institute for Multicultural Counseling & Education Services, Inc.. Thank you for joining.

In closing, just let me add.....Help....SOS....Help. ?

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From the Editor's Couch

Larry Brooks, Ph.D.

The Wounded Healer: Dialogue Between Optimal and Actual Self

Doing psychotherapy is at best a difficult job and paradoxical in its difficulties. While this job is made more problematic by external factors such as managed care, the major source of our difficulties lies within. For many of us the job of psychotherapy involves listening to and absorbing the pain of others, caring, and trying to be helpful, while attending to and containing our emotional turbulence. Each day when I go to work I somehow reconfigure my neediness, my worries, my impatience, and my armored, reflexive character-driven reactions so they do not play as significant role in my professional psyche as they do in my day to day psyche. While doing psychotherapy, I am fortunately able to experience what I call my optimal self: a self that is capable of deep listening, patience, creative problem solving, and a blend of detachment and empathy.

There are times when I leave the office that I feel deeply satisfied. However, at the end of a difficult day I can feel so tired and burdened that I am incapable of patience or thoughtfulness. Absorbing another's pain is hard mental labor. Walking up the stairs to my home, I hope that my house is quiet and that my family will not need me. My optimal self, depleted by its day's labor, shadows me, making its presence known as an afterthought to the less than optimal fumbling of my actual frazzled self. I feel entitled to special consideration, a precarious condition at best.

I am able to enlist the aid of my optimal self in many of my daily struggles. In contrast to the ease with which this happens at work, in the actual world the process requires a procedure equivalent to psychosurgery in order to surmount and manage the tumultuous stirrings of my actual self. Conversely there are times when I am functioning less than optimally in the office. This provides fertile ground for a range of therapeutic acting out. Frustrated and impatient, I overreacted to a relatively new, moderately disturbed and distrusting client who needed kid glove consideration. After enduring his second late cancellation, I left a message on his voicemail, which conveyed mild annoyance and the statement that his late cancellations were disruptive to my schedule. He left a message on my voicemail terminating therapy.

(Article continued on page 7)

Errata

We would like to extend a sincere apology and special acknowledgment to long-time GAMHPA member, psychologist **Margaret Stoll, Ph.D.**, whose directory listing was inadvertently omitted from the recently-published GAMHPA directory. Dr. Stoll has been a member since our first official directory was published. Her office is located at 1560 E. Chevy Chase Dr., Ste. 250, Glendale, CA 91206-4157. Her office phone is (310) 375-3607. Her full listing will be published in the mid-year directory update.



The Computerized Clinician

David D. Fox, Ph.D.

We practice in dangerous times. As computers become increasingly essential to mental health professionals, we need to become equally aware of the hazards posed to us by the Internet and shared computer files. These dangers come in many forms, and they include intentional computer viruses, those who just want to snoop around in our computers, and commercial interests who steal our private information.

Those of you who are using the Internet are probably aware that there are unscrupulous hackers creating viruses that could embarrass us, do irreparable harm to our computers, and violate our patients' confidentiality (at last count 55,000 germs of various sorts). Recently a number of viruses have been making the rounds, transmitted typically through email, such as SirCam and Code Red. Not surprisingly, these messages do not come with a warning that they contain a virus. The most destructive and pernicious of these viruses are contained in attachments to an email from trusted friends and colleagues. When the attachment is "opened" (i.e., read) the virus is activated, it hides in your computer, reads your email address book, and sends out an e-message seemingly from you containing new versions of the virus. It then does its dirty work by changing or erasing critical files, sending private information to Web sites, or forcing you to watch Marilyn Manson videos.

(Article continued on page 7)

Classified Advertising

GROUPS

ADULTS MOLESTED AS CHILDREN (SPANISH). Group to address the needs of Spanish-speaking women molested as children. Safe environment in which to process and resolve abuse issues impacting their relationships and functioning. Contact Teresita Morales, Ph.D., Lic. #PSY16668, at (626) 449-2484 ext. 2.

AMAC GROUP. Small, open-ended AMAC (Adults Molested as Children) group, women only, in Burbank's Media District, Thursday evening, 7:30-9pm. Insight-oriented group process most appropriate for clients who are in individual treatment or who have had some therapy on their abuse issues. Free pre-group interview. Fee \$40 per week, negotiable. Kathy Downing, M.F.T., (818) 845-0151. Primary therapist's inquiries welcome.

CO-ADDICTS/CODEPENDENTS GROUP: For Partners of Sexual Addicts. This weekly group allows partners to work through their feelings and problems associated with being the partner of a sexual addict. Partners find out about their role in the "problem" and learn about the disease of sexual addiction. Individual therapy is available, also. Dale K. Rose, MFT, (818) 783-1283.

CO-ED ADULT PERSONAL DEVELOPMENT GROUP. Growth and insight oriented group, high-functioning, addresses interpersonal dynamics in a supportive environment. Wednesday, 6-7:30 pm. Glendale. Jim De Santis, Ph.D., C.G.P, Lic. #PSY10315, (818) 551-1714.

CREATIVE PROCESS GROUP. A group for practicing and aspiring writers, musicians, visual artists, actors, etc., utilizing the "art as practice" Zen approach of Natalie Goldberg and the inspiring book, Trust the Process: an Artist's Guide to Letting Go, by Shaun McNiff. This 16-week workshop will support and energize your creative process through experiencing the "deep ecology of creation." Emphasizes the development of daily meditation practice. Saturday, 10am-1pm. \$22 per meeting. South Pasadena location. Call Deborah McColl, M.A., M.F.T., at (213) 896-5127.

THE DEL MAR GIRL POWER PROGRAM promotes resilience, self-discovery, and empowerment in preteen and teen girls. Groups available for 4th and 5th graders, middle and high school girls, and seniors heading for college. Workshops and consultations available for parents as well. Contact Melissa Johnson, Ph.D., (626) 585-8075.

GAY MEN'S PERSONAL DEVELOPMENT GROUP. Growth and insight oriented group addresses life enrichment, self-esteem, and personal relationships. Tuesday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. #PSY10315, (818) 551-1714.

GRIEF GROUP FOR TEENS. When someone close has died, teens can benefit from sharing support, coping with feelings, and working towards healing in this 16-week group. Contact Debra Kuperberg, M.F.T. Intern (IMF 34287), in the office of Melissa Johnson, Ph.D., Lic. #13102, (626) 585-8075.

MEN'S PERSONAL DEVELOPMENT GROUP. Growth and insight oriented group addresses male-female relationships, work life, coping, and roles. Thursday, 6-7:30pm. Glendale. Jim De Santis,

Ph.D., C.G.P., Lic. #PSY10315, (818) 551-1714.

Calendar of Events

Continuing Education

The Dialectic in Autonomy: A View of the Analytic Diad, September 14, Leslie Maxson, Ph.D.

Narrative Therapy and Spirituality, October 5, Mary Donovan, Ph.D.

Who in the World am I? Psychotherapy of Teen Girls, November 2, Melissa Johnson, Ph.D.

Imagination: Our Spirit's Invisible Vein of Self-Healing, December 7, Richard Crowley, Ph.D.

Programs are Fridays, 8-9am. Each is one CEU and submitted for MCEP. Seminars are organized by Professional Development Programs and sponsored by GAMHPA. Call (818) 243-0839 to pre-register.

Year 2001 Board Meetings

October 5
November 30

Fridays, 9:30-11am
3245 N. Verdugo Road
All are welcome.

PERSONAL GROWTH AND SUPPORT GROUP. Leaderless, introspective, longstanding, seeks new members, male and female. No charge. Meets alternate Saturdays in member's homes. Contact Amyhowell@earthlink.net, (626) 794-7577.

SEXUAL ADDICTION GROUP. Group for men struggling with sexual addiction including excessive time spent on the Internet seeking pornography and other acting-out behaviors. Contact Teresita Morales, Ph.D., Lic. #PSY16668, at (626) 449-2484 ext. 2.

SINGLES 12-WEEK RELATIONSHIP GROUP. A 12 week coed group allowing singles to prioritize their personal lives, connect with other thoughtful singles, and discover what needs to be done to move towards dating more or developing a loving long-term relationship. Issues usually include screening potential partners, letting go of unhealthy relationships sooner, limit-setting, healing past hurts, changing old patterns, developing new plans, and taking reasonable risks. Opens 4 times a year, \$40/week, 12-week commitment. Monday evenings from 8:15-9:45pm or Wednesday evenings from 7:30-9pm in downtown Pasadena. Call Andrew Whaling, M.F.T., (626) 564-0480.

SOCIAL SKILLS GROUP FOR CHILDREN. Time-limited group helping kids understand and accept themselves and get along with others. Contact Larry Brooks, Ph.D., Lic. #PSY8161, at (818) 243-0839.

SUPPORT GROUP FOR CHILDREN OF DIVORCE. Time-limited group to provide support, understanding, and practical help for children whose parents are separated or divorced. Contact Larry Brooks, Ph.D., Lic. #PSY8161, at (818) 243-0839.

Insert Nadig Ad Here

Aug/Sep/Oct Issue
Nov/Dec Issue

SUPPORT GROUP FOR PARENTS OF CHILDREN WITH ADHD. This group will offer education and support to parents whose children have Attention Deficit Disorder. This group will help parents strategize their way through the maze of information and support services available for their child. As a parent of two ADHD children, Susan can speak with empathy and experience. She will offer valuable tools for dealing with problems related to discipline, organization, self-esteem, and school work and will also teach parents how to advocate for their child in various environments. Fee: \$35 per week. Call Susan Papalia, M.F.T., member of CHADD, at (626) 798-5073.

WOMEN'S SUPPORT GROUP. For women ages 30-55 who have had brief interventions in individual treatment and would like ongoing therapy that focuses on personal growth, interpersonal relationships, and ongoing improvement in symptoms of mild to moderate depression and/or anxiety. This group is designed to provide both support and insight for growth. Glendale. Call Bonnie Lowry, M.A., M.F.T., for details, (818) 240-0340.

YOU AND YOUR TEEN - A PARENTING GROUP. This 16-week group format combines parent education with sharing and support. This group is designed to help parents

enhance their relationships with their teens. For more information, contact Melissa Johnson, Ph.D., Lic. #13102, (626) 585-8075.

OFFICE SPACE

ARCADIA. Sublet furnished office. Floor to ceiling window, beautiful view of the mountains. Easy freeway access. Free parking. Large waiting room. Available Wednesday evenings and Saturdays. Reasonable. Call Careen Jones, (626) 446-7792.

BURBANK/TOLUCA LAKE. Part-time space available in charming brick building in heart of media district. Three-office suite and waiting room, beautifully furnished in antiques. Call Annie, (818) 558-3922.

BURBANK/TOLUCA LAKE. Therapist office in two office suite: Great location, call light and parking included. Easy access from freeway. Reasonable rent. Please contact Lisa O'Connell, (310) 281-5573.

BURBANK/TOLUCA LAKE MEDIA CENTER. Beautiful office suite includes waiting room, call light system, furnishings, and kitchen. Great location near all major studios for greater referral possibilities. Plenty of easy street or lot parking. \$350 half time. Call (818) 843-6054, Camille Caiozzo, Ph.D.

GLENDALE. Office space available in multidisciplinary mental health group in Glendale. Office is close to freeway, soundproofed, separate exit and signal light system. Fax and copier available. Rental fees are \$30 to \$45 per day. For further information contact Manohar Shinde, M.D., or Brian Conlan, L.C.S.W., at (818) 956-0101.

MONTROSE. Office for rent in established Counseling Center that has moved to new location. One office, 150 square feet, available for lease at \$500 per month (includes

utilities). Contact Robert Kerrebrock, Ph.D., (818) 957-5358.

WESTWOOD. Why not have a Westside office too? Furnished ground-floor office in courtyard building on Westwood Boulevard, 2 blocks south of Wilshire. Near Borders bookstore. Waiting room; call-lights. One to three days a week. Mary Donovan, Ph.D., (310) 474-4548.

SERVICES

ACCEPT ATM, DEBIT, AND CREDIT CARD PAYMENTS for your professional services. Service developed by psychologists specifically for mental health professionals. Very easy to use. Fair rates, no long-term contract, no expensive equipment to buy or lease. Check it out at: www.ProfessionalCharges.com, or contact Larry Nadig, Ph.D., at (818) 240-8295

ADVOCACY AND ADVICE is provided for parents needing Special Education for their children. This includes advice in preparing requests for assessments and IEP meetings and advocacy at IEP meetings. Ed Brostoff is a parent of a special needs child and a retired teacher. He knows the difficulty of obtaining the help these children need. He now assists other parents to get these services for their children. Fees are on a sliding scale. Contact Ed Brostoff at (323) 664-9312 or e-mail ebrostoff@aol.com.

ATTENTION DEFICIT DISORDER AND LEARNING DISABILITIES. The Assessment Center offers psychoeducational testing for specific learning disabilities, attention deficit hyperactivity disorder, and emotional difficulties, both in children and adults. Reduce the stress and frustration of an undetected client problem. To discuss a case or receive a brochure, contact us at (818) 548-8449.

NUTRITIONAL THERAPIES for anxiety, depression, OCD, ADD, and mania, addressing the underlying causes of these problems such as PMS, Menopausal Syndrome, yeast (Candida), parasites, food reactions, chronic fatigue, fibromyalgia, and heavy metal toxicity. Can be used to augment medication or in place of it. Contact Nancy Mullan, M.D., at (818) 954-9267.

PROFESSIONAL DEVELOPMENT PROGRAMS. PDP is certified by the CPAAA and the BBSE to provide continuing education to Psychologists, Licensed Clinical Social Workers, and Marriage and Family Therapists. We work with small groups and agencies to design programs to meet your specific needs. Visit our Website at www.pdce.com. or call (818) 243-0839 or Email ProDevProg@AOL.COM for information about our programs.

Flier Winners

In each newsletter we publish six randomly drawn names of members who are awarded the privilege of distributing a marketing flier to the newsletter readership at no charge—an \$80 value. Congratulations to our six new recipients this issue:

Alexander Beebee, M.D.
Eileen Beirich, M.A., M.F.T.
Laura Dickson, L.C.S.W.
Elsie Gordon, Ph.D.
Craig Peterson, Psy.D., M.B.A.
Anthony Zamudio, Ph.D.

MISCELLANEOUS

EXPERIENCING GOD THROUGH STRESS AND LOSS: A Journey through the Book of Job. Very helpful booklet related to grief issues available, primarily for persons with a Judeo/Christian background. Flyer available with more details. Email drcari@mpowerment.org or call (877) 477-9542.

MARKETING FOR MENTAL HEALTH PROFESSIONALS. Workshop designed for professionals and interns wanting to build an optimal private practice. Many people find it easier to stay motivated and achieve goals when encouraged by a peer group over time. 12 facilitated meetings, every other Tuesday, 10-11:30am. Accepted by the BBS for 18 CEUs for MFTs and LCSWs. Action-oriented small group using a didactic, peer support, and homework format. Glendale. Call (818) 551-1714 for detailed brochure or to register.

NARRATIVE STUDY GROUP. Explore Narrative and Collaborative therapy methods in monthly group with other therapists interested in these exciting postmodern approaches to therapy with AAMFT Approved Supervisor. Call Mary Donovan Ph.D., M.F.T., Lic. #13239, at (818) 243-7425.

PRACTICE FOR SALE: 30 year old thriving psychological practice in quaint Montrose, California. All suites rented. Private patients and managed care contracts. More referrals than can be seen. Will assist with transition and assumption of managed care affiliation. Price is one half times gross. Contact Dr. Kerrebrock at (818) 957-5358.

WHOSE CHILD?: An Adoptee's Healing Journey from Relinquishment through Reunion . . . and Beyond, by Kasey Hamner, is now available! This highly regarded book is an adoptee's

life story, written for the adoption community and helping professionals, to help them develop a better understanding of the lifelong emotional aspects of adoption and reunion. ISBN: 0-9674145-0-4, 308 pages, \$14.95 each + 8% CA sales tax + \$3.70 S&H for first book, \$1.00 each additional. Ordering information: Mail check/money order to: Triad Publishing, PO Box 299, Verdugo City, CA 91046-0299. To order by Phone/Fax, please call: 818-957-5526 and an invoice will be included in your shipment. You can also learn more about Whose Child? and order by credit card by visiting: <http://home.earthlink.net/~triadpubli> shing and clicking on your favorite online retailer. Read All about Kasey and Whose Child?: <http://www.authorsden.com/kaseyhamner>.

AFFILIATE AGENCIES

COLDWATER COUNSELING CENTER is a non-profit organization based in Studio City providing depth psychotherapy to adults and children on a sliding-scale basis. All therapists and interns have had, and continue to engage in, extensive personal analysis. The staff--mostly licensed M.F.T.'s-- includes three Jungian psychoanalysts and a number of analysts in-training. Satellite locations include offices in Glendale and on the Westside. For information or a brochure, call (818) 508-0703.

EMPOWERMENT! is a non-profit organization that offers quality affordable counseling to those in distress. We specialize in recovery from trauma and dissociative disorders. We are located in Burbank. Toll free: (877) 477-9542. Our web site is www.mpowerment.org.

POSITIVE DIRECTIONS COMMUNITY COUNSELING CENTER, serving the Glendale area community since 1986, offers high-

standard, low-fee, short- and long-term psychotherapy. With the exceptional ratio of one supervisor per three interns, Positive Directions is dedicated to providing excellent psychotherapy to clients who can't afford private practice fees. Substance abuse counseling is also available as well as information and

Thank You!

We would like to thank our long list of "Charter" members, those Full Members who have provided GAMHPA with a special kind of support by maintaining a continuous listing in our annual Resource Directory since its first official printing in 1994:

Daniel Alonzo, M.A., M.F.T.
 Richard Atkins, M.D.
 Larry Brooks, Ph.D.
 Suzanne Brumer, Ph.D.
 Martha Carr, M.A., M.F.T.
 Loretta Cohu, L.C.S.W., Ph.D.
 Nurit Cohen, Ph.D.
 Gary Coleman, M.A., M.F.T.
 Nanette de Fuentes, Ph.D.
 Jim De Santis, Ph.D.
 Sharon Deacon, Ph.D.
 David Fox, Ph.D.
 Susanna Friedlander, Ph.D.
 Mimi Hanzel, M.S., M.F.T.
 Carolina Huete-Lehman,
 M.F.T., CEAP
 Tamara Klumpe, Ph.D.
 Jemela Macer, Ph.D.
 Ingrid Margolin, Ph.D.
 Ann Kilpatrick Mock, L.C.S.W.
 Larry Nadig, M.F.T., Ph.D.
 Marie Poore, M.A., M.F.T.
 Margaret Stoll, Ph.D.
 Nancy Wade, Ph.D.
 Bonnita Wirth, Ph.D.

referrals, sober social events, and a variety of self-help meetings. (818) 247-8180; CounselPD@AOL.com.

T.H.A.W. A safe harbor in which to continue the healing process through classes in creative expression including body image, body movement, yoga, writing, tai chi, and acting. For women who have suffered from physical or emotional abuse, including domestic violence, rape, and incest. Clinically supervised. Sliding-scale fees. Tuesday, Thursday, Friday. 9am-1pm. For intake evaluations, contact Wendy Clarke, M.A., or Leslie deBeauvais at Theater of Hope for Abused Women, (818) 766-9702. ?

The Computerized Clinician
(Article continued from page 2)

The solution to viruses:

1. Do not open attachments, even from people you know, unless you are expecting such an attachment.
2. Continuously run an antivirus software program such as Norton or McAfee.
3. Keep alert to news reports about the latest viruses and what you need to protect yourself.

Or you could just ignore the problem and be stuck with those videos for the rest of your life. Your call. ?

From the Editor's Couch
(Article continued from page 2)

Occasionally I have wondered why one would choose such a job, and how one manages to sustain oneself in this job over time. When one explores the reasons that individuals give for becoming a psychotherapist, for many, the choice was more a calling than the outcome of a rational decision making process. Many of us wind our way out of anguish into this

profession. From my discussions with therapists and from interviews with a senior therapist that appears in a book by Dryden titled *On Becoming A Psychotherapist*, some common experiences were: a sense of being different or outside the mainstream while growing up, a keen and existential interest in what others were thinking, coming from dysfunctional families that ignored problems or placed the prospective therapist in role of helper. Very few individuals described coming from a family where problems were addressed clearly and where parents modeled mental health.

The concept of a wounded healer captures an essential and paradoxical quality of the therapist's sense of self. The wounds that lead us to become therapists and grounded our compassion also plague us in our daily life. The wounded healer, one who hurts and heals creates a duality in our functioning which I have represented by the terms optimal and actual self. The task of integration is threatened by the nature of doing therapy. However difficult our job is, it is far easier to function optimally in the office than at home. However ineffective I might be or feel at work, I don't scream at my clients or pout when they don't listen to me. Sometimes I am able to help others in ways that I can't help myself. Sometimes my off-camera behavior is appalling. The shame of being so ineptly human is darkened by the shadow cast by the standards of my optimal self. Many of my clients idealize my good qualities. If only they knew. . . . Client idealizations strengthen my idealizations and expectations, and exaggerate the split in functioning between my optimal and actual self. I expect a lot out of myself. I should be doing better than I am doing in my real life. I know I can behave better.

As long as the relationship between work and world, between optimal

and actual self is reciprocal, one grows and develops. My mistakes and excesses increase my compassion for not only clients but also for my family and myself. What I say to my clients, I apply to myself. However, the danger exists that the split that exists between our optimal and actual selves can become polarized. Our ability to heal belies our reluctance to change. Our exercising our optimal self reduces the pressure to work on our actual self. The dedication to work and over-work becomes a perilous journey of self-deception. We hide our defective self in the attic of our personal life, while we parade the optimal self in the office. We no longer need to change; we can simply perform. The more we believe in our optimal self, the less we can tolerate our failings. If we continue to deal with this split through deception, our real self grows in its hideousness just as in Oscar Wilde's *The Picture of Dorian Grey*, the portrait of Dorian shows the ravages of his aging, cruelty, and sin, while the character of Dorian retains its youth and beauty. ?

Volunteer Opportunities

The following are opportunities for involvement in GAMHPA. Contact a board member if you are interested.

Committees

Networking
Community Resources
Newsletter

Available Seats on the Board
Vice President
Treasurer
Secretary

GAMHPA

Glendale Area Mental Health Professionals Association
Suite 300
138 North Brand Boulevard
Glendale, CA 91203-2620
(818) 771-7680
www.psychotherapy.org/gamhpa

The mission of the Glendale Area Mental Health Professionals Association is to advance professional development through networking, continuing education, and public awareness. We offer equal membership to all licensed mental health professionals regardless of discipline. We are an interest group only and do not provide referrals to the community. We are not a profit-making organization.

2001 BOARD OF DIRECTORS

Sharon Rae Deacon, Ph.D.,
President, (818) 957-5166

David D. Fox, Ph.D.,
Membership Chair, (818) 246-3937

Larry Brooks, Ph.D.,
Newsletter Editor, Acting Program Chair, (818) 243-0839

Jim De Santis, Ph.D.,
Past President, (818) 551-1714

MEMBERSHIP

Contact our Membership Chair for an application form to join. Full Member dues for licensed mental health professionals, \$45 per year. Associate Member dues for students, interns, organizations, and others, \$25 per year. Dues may be deducted as an ordinary and

necessary business expense but not as a charitable contribution.

Members receive a number of exclusive benefits. Members can present a talk or publish an article on a professional topic. They are listed in the annual members directory distributed to the business and professional community. They can place free classified ads and can receive discounted rates for display ads, newsletter flier inserts, and mailing list labels. Members are entered into drawings for free newsletter insert advertising. Members receive reduced rates for continuing education.

NEWSLETTER

The GAMHPA Newsletter is customarily published six times a year, distributed to the local mental health community, including Glendale, Burbank, Pasadena, La Canada, Montrose, Los Feliz, and Silverlake. Contact us to be added to our mailing list. If you moved, plan to move, or we are sending your newsletter to a wrong address, please notify us with your correct address.

GAMHPA encourages members to contribute articles of scholarly or clinical interest for publication. Authors should clarify questions of suitable content with the editor prior to submission. We encourage submissions in computer-readable format. Submissions must be forwarded to the editor by the deadline.

Opinions expressed in this newsletter are not necessarily those of the Association or its members.

GAMHPA does not endorse any of the products or services advertised.

Newsletter Submission Deadlines

Nov/Dec issue	Oct 19
Jan/Feb issue	Dec 14

ADVERTISING

Deliver advertising by the submission deadline to the editor. Ads run in two issues except employment ads which run once. All advertising for services by psychologists or psychological assistants must include the license number of the psychologist.

Advertising Rates

Item	Member	Non-Mem
Classified ad	Free	\$15
1/8-page display ad	\$20	\$45
1/4-page display ad	\$40	\$65
1/2-page display ad	\$60	\$85
Mailing list, printed	\$10	\$20
Mailing list on labels	\$20	\$30
Mailing list on disk	\$75	\$75
e-Mail list	\$10	\$20
Newsletter inserts	15¢	25¢

Display ads must be camera-ready; please submit one copy for each issue in which it will appear. To submit a newsletter insert—such as a flier, brochure, or postcard—provide a sufficient number of copies to cover the mailing list. Postcard and brochure inserts must be no larger than 3 3/4" x 9 1/8". Make checks payable to "GAMHPA." Please note that due to publication processes, each issue of the newsletter is delivered approximately three to four weeks after our submission deadline.

GAMHPA Newsletter.
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