

A Bi-Monthly Publication of the
Glendale Area Mental Health Professionals Association
 (818) 771-7680 www.psychotherapy.org/gamhpa
 Aug/Sept/Oct 2003 ? Volume XI Number 4 ? Circulation 556

GAMHPA News

Our **networking luncheon** in June at Glendale Adventist Medical Center was a success with twelve in attendance. Thank you to Janet Richardson, M.F.T., of the GAMC Chaplain's Office for arranging the location and menu. Please see our Calendar of Events on this page for details about our next networking luncheon. Bring your business cards.

Enclosed with this newsletter is a **mid-year update** to the annual GAMHPA directory you received earlier. Please place the update with your 2003 directory.

Enclosed with this newsletter is a **membership application and renewal** form for 2004. We encourage you to submit your renewal now to stay current.

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Recruitment begins now for the upcoming year. Dues are just \$60 for full members, and \$40 for organizations, prelicensed individuals, and supportive friends.

Now is the time of year we formally call for **nominations** to the GAMHPA Board in preparation for elections. If you've ever been intrigued about participating more actively in GAMHPA, this is an invitation. Please let us know. ?

In Memoriam

With great sadness, we announce the passing of long-time GAMHPA member, Susan G. Ziemer-Breder, R.N.C., M.F.T., following an illness.

She was part of our greater Glendale community for more than 40 years, first as a nurse at Glendale Adventist Medical Center, then as a staff therapist at Verdugo Mental Health Center.

Susan's philosophy of life was to cultivate people's strengths and potentials, inspiring others to be their best. A vibrant person who loved life, she will be sorely missed. ?

Calendar of Events

NETWORKING LUNCHEON

Friday, October 17, 2003
 12-1:30 pm
 Glendale Adventist Med. Center
 Education Conference Room
 Lunch available \$8. Pre-register by calling (818) 771-7680.

BOARD MEETINGS

September 12
 October 17*
 December 5

* October 17th is 10:30-12 in the Glendale Adventist Medical Center Education Conference Room. Other Board meetings are Fridays, 9:30-11 am, at Positive Directions, 225-D N. Maryland Ave., Glendale.

From: _____

Request Circulation

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? Discuss	_____	?



From the Editor's Couch

Larry Brooks, Ph.D.

The Therapist's Professional/Personal Identity: A Divided Self

"It takes a lot to constitute an analyst's voice: part of it is and always was there, part of it is in an endless training and reshaping, part of it gets lost at times of crisis, part of it will never be found, or has never been there, and we always talk against the echo of what there is and what there is not." (1)

—Gershon Molad

Is it possible to be a good therapist and a flawed person, intimate and effective with clients but detached and distracted from one's spouse, patient and understanding in the office but critical and hypersensitive at home? What is the relationship between these various qualities of self and therapeutic behavior, between the persona of the therapist and the Soul of the person?

Contemporary psychoanalysis assumes the multiplicitous nature of self. Rather than a unitary core, the self is viewed as an evolving multi-dimensional complex of selves, illusively quilted by circumstance with conscious and unconscious elements. The individual experiences and presents different qualities of self in different contexts. As we move through the spaces of our life, we assume different versions of self without fully recognizing the transformational function of context or the accommodative mechanisms of adjustment. Ignoring these

dynamics, we lose our authenticity within a myriad of disguises and self-deceptions.

It takes a lot to constitute an authentic voice. One struggles not only against the expectations and standards of the group, but also against one's internal world. Jung said in *Modern Man In Search For a Soul*, "The patient does not feel himself accepted, unless the very worst in him is accepted too." This quote goes directly to the heart of the struggle for authenticity. This struggle is represented in the dialectic between the true and false selves.

Gershon Molad, an Israeli psychoanalyst, and Judy Vida, an American psychoanalyst (2) have collaborated to explore the vicissitudes of the analyst's presentation of self and the challenges that an analyst faces in trying to be authentic within the psychoanalytic group. They describe two conflicting existential dimensions of the therapist/analyst's identity, illustrated in how analysts differentially talk to clients in therapy and colleagues at meetings and conferences. They call the former clinical or psychoanalytic space and the latter conference space. There is a third dimension called life space that encompasses the rest. Clinical space is characterized by the "autobiographical dialogue," a conversation epitomized by attunement, and openness, where the personal, the autobiographical, infuses communication, and the process of self-knowledge becomes an emergent property of the dialogue, of the relationship. This contrasts with conference space that is dominated by performance and driven by fear and shame that compel the analyst/therapist to present a professional competent "false self" to colleagues. In conference space the analyst silences the personal, the

vulnerable, the messy, "the missing parts," so as not to be silenced by the group. The "effect of the door frame" demarcates the "illusory boundary" between the two spaces. One moves back and forth unaware of the disfiguring impact of the door frame. Conference space, training space, and supervision, that hold the potential for growth often become constricting and sometimes traumatizing.

Molad (1) states that, "we understand what an analyst says only in the context of the autobiography of his dialogical-development" which he calls the "dialogical-autobiography." The dialogical autobiography unfolds in the context of multiple relationships that create possibilities for the expression of multiple self states. Paradoxically, the professional identity of therapist/analyst potentiates a splitting within the self that inhibits the dialogical autobiography. Motivated by pain, many of us became therapists as part of a process of self-exploration and healing. This process solidifies an illusion of health within the therapist that is supported by the illusion of sickness in the client. Our illusion of mental health is confirmed in the daily action of being a therapist and becomes comfortably attached to what Jody Messler Davies calls "the preferred vision of self." We interpret, we support, we advise, and we genuinely help. We are specialists in knowing about and coping with pain. Believing this, we become the self that we need to become to protect and distance us from the self that we fear we are.

We are guided by the desire to know ourselves and to change. These motives sometimes support each other and at other times conflict. We

(Article continues on page 7.)

Classified Advertising

GROUPS

ADULTS MOLESTED AS CHILDREN. Small, open-ended AMAC group in Burbank's Media District. Thursday evenings, 7:30-9:30 pm. Insight-oriented group process, most appropriate for well-functioning clients, preferably also in individual treatment or a 12 step program. Free pre-group interview. \$180 per month. Kathy Downing, M.A., M.F.T., (818) 845-0151. Primary therapist's inquiries welcome.

ANGER MANAGEMENT FOR ADULTS. This is a group for men and women who would like to learn how to recognize and utilize their anger in a more constructive way through facilitated discussion and experiential exercises. In a supportive environment, you will learn what your anger will be telling you and how you can appropriately channel it for higher self-esteem and more satisfying relationships. Mondays 7-8:30pm. California Family Counseling Center, Encino, (818) 386-5690, ext. 460 or 406.

ANGER MANAGEMENT GROUP. A 12-week anger management group is held at Valley Community Clinic at 6801 Coldwater Canyon in North Hollywood on Tuesdays from 5-6:30pm and on Wednesday's from 11-12:30. The fee is based on a sliding scale. For more Information contact Barbara Ballenger, M.F.T., at (818) 763-1718, ext. 352.

CO-ADDICTS/CODEPENDENTS GROUP. For partners of sexual addicts. This weekly group allows partners to work through their

feelings and problems associated with being the partner of a sexual addict. Partners find out about their role in the "problem" and learn about the disease of sexual addiction. Individual therapy is available, also. Dale K. Rose, M.F.T., (818) 783-1283.

CO-ED ADULT PERSONAL DEVELOPMENT GROUP. Growth group for high achievers who want more out of life—to find lasting intimacy, achieve career satisfaction, and expand friendships. Uses here-and-now interaction to increase self-awareness. Compliments concurrent individual or conjoint psychotherapy. Wednesday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P, Lic. #PSY10315, (818) 551-1714.

COUPLES WORKSHOP FOR PREMARITAL COUPLES. Most couples enter into a marriage with a great deal of love and good intentions. It is life's circumstances that catch them unawares and unprepared. We are offering an educational and collaborative workshop to help couples create a

Louise Elerding ad
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vision for a more satisfying marriage. Thursday, 7:30-9, California Family Counseling Center, Encino, (818) 386-5690, ext. 421 or 473.

CREATIVE PROCESS GROUP. A group for practicing and aspiring writers, musicians, visual artists, actors, etc., utilizing the "art as practice" Zen approach of Natalie Goldberg and the inspiring book, *Trust the Process: an Artist's Guide to Letting Go*, by Shaun McNiff. This 16-week workshop will support and energize your creative process through experiencing the "deep ecology of creation." Emphasizes the development of daily meditation practice. Saturday, 10am-1pm. \$22 per meeting. South Pasadena location. Call Deborah McColl, M.A., M.F.T., at (213) 896-5127.

Larry Nadig ad
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THE DEL MAR GIRL POWER PROGRAM promotes resilience, self-discovery, and empowerment in preteen and teen girls. Groups available for 4th and 5th graders, middle and high school girls, and seniors heading for college. Workshops and consultations available for parents as well. Contact Melissa Johnson, Ph.D., Lic. #13102 (626) 585-8075.

FAMILY MEMBERS OF ALCOHOLICS/ADDICTS. Small open-ended, insight-oriented Process Group with 12-Step emphasis. Monday evenings, 7-9pm, Westside, Colleen Land, Psychotherapist, Addiction Specialist, Lic. #MFT70181, (310) 887-0553.

GAY MEN'S PERSONAL DEVELOPMENT GROUP. Growth and insight-oriented group addresses life enrichment, self-esteem, and personal relationships. Tuesday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. #PSY10315, (818) 551-1714.

GRIEF GROUP FOR TEENS. When someone close has died, teens can benefit from sharing support, coping with feelings, and working towards healing in this 16-week group. Contact Debra Kuperberg, M.F.T. Intern (IMF 34287), in the office of Melissa Johnson, Ph.D., Lic. #13102, (626) 585-8075.

GROUP FOR LESBIANS WHO ARE PARENTS. Time limited educational and support group for lesbian mothers. Answer questions, share ideas, dispel myths, learn about research, improve parenting skills. Groups forming for mothers of teen and pre-teen children and mothers of new children. Location in Pasadena, cost \$35/session with a commitment to 4-session blocks. Contact Chris D. Cooper, Ph.D., Lic. #PSY17395 at (626) 293-5252.

HEALING AFTER LOSS: THE JOURNEY TOWARD ACCEPTANCE AND RENEWAL. A support group designed to aid in the healing after a loss. In this group you will share feelings associated with loss and explore ways to heal and renew. This group is both educational and experiential. Tuesday, 6-7:30pm California Family Counseling Center, Encino, (818) 386-5690, ext. 456 or 451.

MEN'S GROUP FOR ENDING DOMESTIC VIOLENCE. A group for men who wish to stop angry, controlling or violent behavior. We offer support for facing pain and confusion and the opportunity for growth and change. This group follows probation guidelines for court referrals. Mondays, 7-9pm. California Family Counseling Center, Encino, (818) 907-9980 or (818) 386-5690, ext. 437.

MEN'S GROWTH & SUPPORT GROUP. 1-1/2 year old established Burbank men's group presently has one opening. Dynamic process and insight oriented group working on self-enrichment, mutual respect, and insight. This ongoing weekly group has excellent cohesion and works in an atmosphere of safety. Interview or brochure by contacting Andrew Sway, M.A., L.M.F.T., Lic. #MFC34846, (818) 829-7900.

MEN'S PERSONAL DEVELOPMENT GROUP. Growth and insight oriented group addresses male-female relationships, work life, coping, and roles. Thursday, 6-7:30pm. Glendale. Jim De Santis, Ph.D., C.G.P., Lic. #PSY10315, (818) 551-1714.

OPTIONS TO ANGER FOR TEENS: AN ANGER MANAGEMENT AND VIOLENCE PREVENTION GROUP. Interactive program is designed for today's teenager. This is a structured series of meetings where adolescents will learn how to recognize their escalating feelings of tension and frustration that can lead to anger and violence. Ongoing group meets Thursday 7-8:30pm. California Family Counseling Center, Encino, (818) 386-5690, ext. 481 or 403.

PARENTING GROUP. "Parenting is not about being perfect, it's about being effective." In a supportive group with other parents, using the STEP guide, you will learn: what your children want when they misbehave; how to handle emotions: your children's and your own; ways to use encouragement to build self-confidence and self-esteem; how to really listen to your child. English speaking: Tuesday, 7-8:30pm, California Family Counseling Center, Encino, (818) 386-5690, ext. 460 or 448.

PERSONAL GROWTH AND SUPPORT GROUP. Leaderless, introspective, longstanding, seeks new members, male and female. No charge. Meets alternate Saturdays in members' homes. Contact Amyhowell@earthlink.net, (626) 794-7577.

SINGLES 12 WEEK RELATIONSHIP GROUP. A 12-week time-limited co-ed group allowing singles to prioritize their personal lives, connect with other thoughtful singles and discover what needs to be done to move towards dating more or developing a loving long-term relationship. Issues usually include letting go of unhealthy relationships sooner, building trust in self and others, making better choices, limit-setting, healing past hurts, and knowing where to go/what to do to "get out there" in safe, productive ways. Groups last 12 weeks, with a new group forming every six weeks, \$40/week. Monday evenings from 8:15-9:45pm or Wednesday evenings 7:15-8:45pm in downtown Pasadena. Call Andrew Whaling, M.F.T., at (626) 564-0480.

SMOKING CESSATION. A 7-week group to stop smoking is held at Valley Community Clinic at 6801 Coldwater Canyon in North Hollywood. There is a very small nominal fee based on a sliding scale. For more information contact Barbara Ballenger, M.F.T. at (818) 763-1718, ext. 352.

SUPPORT GROUP. Are you the loved one of a police officer or fireman? Would you like some support? Welcome to our group! We share concerns, hopes, dreams, stresses, triumphs. We bond and build connections with those who care and understand. Facilitated by licensed MFT, Gloria Ashby

Dahlquist, M.A., in Toluca Lake. Meets weekly, Tuesday, 7:30pm. \$45. Call (818) 766-9348.

SUPPORT GROUP FOR PARENTS OF CHILDREN WITH ADHD. This group will offer education and support to parents whose children have Attention Deficit Disorder. This group will help parents strategize their way through the maze of information and support services available for their child. As a parent of two ADHD children, Susan can speak with empathy and experience. She will offer valuable tools for dealing with problems related to discipline, organization, self-esteem, and school work. She will also teach parents how to advocate for their child in various environments. Fee: \$35 per week. Call Susan Papalia, M.F.T., member of CHADD, at (626) 798-5073.

TEEN SUPPORT GROUP. For teenagers whose parents are separated or divorced. Children learn how to cope with chaos and confusion of the transition and regain personal control, how to make sense of two parents in two places, how to increase his/her self-esteem, and how to understand s/he was not the cause of the separation or divorce. Wednesday's 4-5:30pm, California Family Counseling Center, Encino, (818) 386-5690, ext. 471 or 460.

WOMEN'S SUPPORT GROUP. For women ages 30-55 who have had brief interventions in individual treatment and would like ongoing therapy that focuses on personal growth, interpersonal relationships, and ongoing improvement in symptoms of mild to moderate depression and/or anxiety. This group is designed to provide both support and insight for growth. Glendale. Call Bonnie Lowry, M.A.,

M.F.T., for details, (818) 240-0340.

WOMEN'S WORKSHOP FOR MID-LIFE ISSUES. An educational, interactive workshop for women to learn about the very real physical, hormonal, emotional and relational issues that occur in this phase of life. California Family Counseling Center, Encino, (818) 386-5690, ext. 457.

YOU AND YOUR TEEN - A PARENTING GROUP. This 16-week group format combines parent education with sharing and support. This group is designed to help parents enhance their relationships with their teens. For more information, contact Melissa Johnson, Ph.D., Lic. # 13102, (626) 585-8075.

OFFICE SPACE

BURBANK/TOLUCA LAKE. Part time spaces available in September. Three office suite with waiting room, beautifully furnished in antiques. Charming brick building in heart of media district. Call Annie, (818) 558-3922.

GLENDALE. Multidisciplinary, successful private practice group has one office for rent, part or full time, in large suite with separate exit, signal light, soundproofing, large waiting room with separate rest room, kitchen and fax and copy machine available. Opportunities for referrals. For further information contact Brian Conlan, L.C.S.W., or Manohar Shinde, M.D., at (818) 956-0101.

GLENDALE. Psychotherapy office with call system, sound proofing, and great colleagues. Contact Ira Heilveil, Ph.D., at (818) 241-6780 x209 for more information.

PASADENA. Great location, near freeways and Old Town, available mornings plus Friday and Saturday. Mountain views, new furniture, your own indoor parking space. Receptionist, large waiting room, separate exits, easy freeway access and parking lot for clients. A quiet building, wonderful staff, with the following 24/7: security, use of different size group rooms, or conference rooms to see clients outside of regular hours, kitchen, brewed coffee, fax and copiers. Please call Andrew Whaling, M.F.T., at (626) 564-0480.

SILVERLAKE. Available July 1: Large therapy space with waiting room in ideally located two-story building, convenient to major freeways, near popular neighborhood eateries. Share schedule with us -- a variety of times available. Silverlake Psychotherapy Associates, c/o Anita Frankel, M.A., M.F.T.. (323) 661-0297 or afrankel@earthlink.net.

GROUPS FOR PROFESSIONALS

COACH available for psychiatrists and MSWs preparing for board exams. Francie Issenman, L.C.S.W., developed and wrote extensive material for the Association for Advanced Training in the Behavioral Sciences (AATBS) preparatory manuals for MSWs preparing for the LCSW oral board examination. She also conducted the AATBS training seminars for MSWs in both northern and southern California. Most recently she has been assisting psychiatrists in developing treatment planning and psychotherapeutic intervention skills in preparation for general as well as child psychiatric board exams. For individual or group coaching sessions, please call Francie Issenman, L.C.S.W., at (818) 759-3433.

MARKETING FOR MENTAL HEALTH PROFESSIONALS. Many people find it easier to stay motivated and achieve goals when encouraged by a peer group over time. This workshop is designed for mental health professionals and students wanting to develop a private practice. 12 facilitated meetings, every other Tuesday, 10-11:30am. Action-oriented small group using a didactic, peer support, and homework format. 18 CEUs available for MFTs and LCSWs. Glendale. Call (818) 551-1714 for further information or brochure.

SUPERVISION CONSULTATION GROUP. Earn CE hours while participating in a small, time-limited group that provides supervision and support to clinical supervisors. Starting in April, meeting every other Tuesday from 12:00-1:45pm. Contact Larry Brooks, Ph.D., Lic. #PSY 8161, at (818) 243-0839.

SERVICES

ACCEPT ATM, DEBIT AND CREDIT CARD PAYMENTS for your professional services. Service developed by psychologists specifically for mental health professionals. Very easy to use. Fair rates, no long-term contract, no expensive equipment to buy or lease. Check it out at: www.ProfessionalCharges.com, or contact Larry Nadig, Ph.D., at (818) 240-8295.

ATTENTION DEFICIT DISORDER AND LEARNING DISABILITIES. The Assessment Center offers psychoeducational testing for specific learning disabilities, attention deficit hyperactivity disorder, and emotional difficulties, both in children and adults. Reduce the stress and frustration of an undetected client problem. To discuss a case or receive a brochure,

contact us at (818) 551-1714. (Lic. #PSY10315).

NUTRITIONAL THERAPIES for anxiety, depression, OCD, ADD, and mania, addressing the underlying causes of these problems such as PMS, Menopausal Syndrome, yeast (Candida), parasites, food reactions, chronic fatigue, fibromyalgia, and heavy metal toxicity. Can be used to augment medication or in place of it. Contact Nancy Mullan, M.D., at (818) 954-9267.

PROFESSIONAL DEVELOPMENT PROGRAMS. PDP is certified by the CPAAA and the BBS to provide continuing education to Psychologists, Licensed Clinical Social Workers, and Marriage and Family Therapists. We work with small groups and agencies to design programs to meet your specific needs. Call (818) 243-0839, or e-mail ProDevProg@AOL.COM for information about our programs.

PSYCHOLOGICAL ASSESSMENT. Psychological assessments provided are designed to help with diagnosis and treatment planning for clients age 18 and over. This can be especially helpful with new clients or clients with a complex presentation. Fees are reasonable, and reports are comprehensive, integrating material from interview and a battery of tests selected to answer your diagnostic and treatment questions. Contact Chris D. Cooper, Ph.D., Lic. #PSY17395, at (626) 293-5252.

SPECIAL EDUCATION ADVOCACY. Services provided to parents needing help in obtaining special education services from public schools. This includes the initial assessment as well as supporting parents in the IEP process to make sure their children receive all of the services the child needs. Call Ed Brostoff at (323) 664-9312.

WANTED

FULL TIME OFFICE SPACE for a clinical psychologist in the Glendale area. Services will mainly consist of neuropsychological assessments in Armenian, Farsi, & English; potentially a nice addition to a multidisciplinary group. Please call Audrey Khatchikian, Ph.D., at (818) 246-5532.

PUBLICATIONS

BUY-ONE-GET-ONE-FREE book offer!! Order *Adoption Forum* by Kasey Hamner (List Price: \$17.95) and receive *Whose Child?* by Kasey Hamner (List Price \$14.95) free. \$17.95 + \$4.50 S&H + \$1.48 sales tax = \$23.93 Send Check/Money Order payable to Triad Publishing to: Triad Publishing, P.O. Box 299, Verdugo City, CA 91046. Your order will ship within one business day! Or, email your order to: TriadPublishing@comcast.net, and we will send invoice with shipment! home.attbi.com/~TriadPublishing TriadPublishing@attbi.com, phone: (818) 293-1505.

AFFILIATE AGENCIES

COLDWATER COUNSELING CENTER is a non-profit organization based in Studio City providing depth psychotherapy to adults and children on a sliding-scale basis. All therapists and interns have had, and continue to

engage in, extensive personal analysis. The staff--mostly licensed M.F.T.s--include three Jungian psychoanalysts and a number of analysts-in-training. Satellite locations include offices in Glendale and on the Westside. For information or a brochure, call (818) 508-0703.

INSIGHT TREATMENT PROGRAMS. An intensive outpatient adolescent program for teens and their families. Four-day program modalities include individual, family, and group process. Parent participation is required. Consultation and assessments available for parents. For more information contact Daniel Leon, L.C.S.W., at (626) 564-2703.

POSITIVE DIRECTIONS COMMUNITY COUNSELING CENTER, serving the Glendale area community since 1986, offers high-standard, low-fee, short- and long-term psychotherapy. With the exceptional ratio of one supervisor per three interns, Positive Directions is dedicated to providing excellent psychotherapy to clients who can't afford private practice fees. Substance abuse counseling is also available as well as information and referrals, sober social events, and a variety of self-help meetings. (818) 247-8180, CounselPD@AOL.com.

T.H.A.W. A safe harbor in which to continue the healing process through classes in creative expression, including body image, body movement, yoga, writing, tai chi, and acting. For women who have suffered from physical or emotional abuse, including domestic violence, rape, and incest. Clinically supervised. Sliding-scale fees. Tuesday, Thursday, Friday. 9am-lpm. For intake evaluations, contact Wendy Clarke, M.A., or Leslie deBeauvais, at Theater

of Hope for Abused Women, (818) 766-9702. ?

EDITOR'S COUCH

(Article continues from page 3.)

believe in the principle of change, but we may no longer want to suffer. We have achieved personal success that tempts us with complacency, while personal difficulties threaten "the preferred vision of self." The shameful aspects of self do not transubstantiate; they persist. The ambition to optimize the self conflicts with the pursuit of self-knowledge. The professional identity of therapist provides a solution. It legitimizes our "preferred vision of self" through therapeutic enactments, while enabling the exile of our devalued self.

As a consequence of splitting, the multiple expressions of self are isolated. The silenced voices haunt clinical space like a ghost hiding behind the mirror of therapeutic reflection. The more intimate voice of clinical space lacks the textured vitality of their exiled selves. We are afraid of the ghosts. We feel like imposters when they are present but not acknowledged. We move hesitantly into life space feeling relief when we return untraumatized. We move into clinical space sometimes fleeing life space and grab hold of the anchor of thinking that we are more together than our clients. Our experience is haunted by the silence in sessions and the spaces created by decisions not to say things that would compromise our authority and risk the image of our mental health.

I started working with a talented, chronically insecure, musician. In spite of his many accomplishments,

(Article continues on page 8.)

EDITOR'S COUCH

(Article continues from page 7.)

he was riddled with obsessive self-doubt. I had seen him briefly a year ago and was more than pleased when he called to return to therapy to deal with anxiety that was interfering with his performing. At the start of the second session, he said that he had thought of canceling the meeting. He felt I wasn't interested in his particular problem, perhaps because it wasn't of sufficient seriousness. Throughout the first session I had been feeling inadequate not disinterested. I felt that my mind lagged far behind his agile mind. I wondered if I could help him, and when he would realize my inadequacy. I kept these thoughts to myself as I tried to help. He revealed that as the youngest child in a multi-talented achievement oriented family, he had always felt dwarfed by his older competent siblings. As an adult, whenever he encountered his ignorance, he would feel paralyzed. Boy could I identify with that feeling. I felt on the precipice of exposure. I could take a step forward, but chose not to. I couldn't find the words or the conviction. He seemed to progress? After four sessions, we parted ways.

During the first session, I was riddled with self-doubt. I wonder how this mental state influenced my therapy and my relationship to this client? Did he sense my vulnerability? Did he appease me by remaining in treatment? Did he refrain from communicating his disappointment in me? I wonder about my silenced voice and the role it plays in my personal/professional life. I've had difficulty being direct with people. I've always felt insecure. I long for recognition, and failing to be recognized I get angry and sullen. I

act out my hurt our in my relationship to my wife. It seems absent in my relationships to my clients. My active authoritative voice is too often muted and transformed into an angry petty squawk. How can I expect my clients to speak authentically to me as long as my voice is muted? How can I speak to my clients if I am squawking at my wife?

The asymmetrical complimentary structure of therapy has protected the therapist from too much exposure or scrutiny as it exposes the client to profound scrutiny. The door frame between clinical space and life space fortifies the asymmetry, facilitating the exile of unwanted aspects of the therapist's self. This dynamic weakens the self and the therapeutic process. Historically this asymmetry had been codified in prescriptive technique such as abstinence and neutrality, and the classical theory of transference. Contemporary psychoanalysis recognizes the person within the therapist and understands that the subjectivity of the therapist plays a vital role in the therapeutic equation. This opens a Pandoras box of possibilities.

1. Molad, G.J (2001). "On Presenting one's case: embraced trauma and the dialogue between analysts." *The Psychoanalytic Review*, 88:95-111.

2. Molad, G.J. & Vida, J.E. (2002). "The Autobiographical Dialogue in the Dialogue Between Analysts: Introductory Notes on the Use of Relational and Intersubjective Perspectives in Conference Space." Presented to Clinical Sandor Ferenczi Conference organized by Univerita Degli Studi Di Torino. ?

Winners of Free Advertising

In each issue of the newsletter, we publish six randomly drawn names of members who are awarded the privilege of distributing their own marketing brochure or flier as an insert with the newsletter at no charge—an \$80 value.

Congratulations to:

Gloria Ashby Dahlquist, M.F.T.
 Jill Hitselberger, Psy.D.
 Audrey Khatchikian, Ph.D.
 Ann-Marie
 Mandic-Martinez, Ph.D.
 Roberta J. O'Brien, M.F.T.
 Karleen Paquette, Psy.D.

GAMHPA

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Newsletter Submission Deadlines

Nov/Dec 03	Oct 17
Jan/Feb 04	Dec 12
March/April 04	Feb 20
May/June 04	April 23
July/Aug/Sept 04	July 23

GAMHPA Newsletter.
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